

Year 7 Girls Subject Physical Education

Half Term 1	Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8 	
Mastery	Run and Jump Indoor Athletics		Throw catch Invasion Games		Strike and field Racket skills		Kick Invasion Games		October Half Term
Half Term 2	Wk 9	Wk 10	Wk 11	Wk 12 DC1	Wk 13	Wk 14	Wk 15 	Christmas Term Break	
	Badminton			Netball					
Half Term 3	Wk 16	Wk 17	Wk 18	Wk 19	Wk 20	Wk 21 	February Half Term		
	Orienteering/ Fitness			Problem solving/ Team work games					
Half Term 4	Wk 22	Wk 23	Wk 24	Wk 25 DC2	Wk 26 	Easter Term Break			
	Fitness		Cheer/Gym						
Half Term 5	Wk 27	Wk 28	Wk 29	Wk 30	Wk 31	 Wk 32	May Half Term		
	Rounders			Athletics					
Half Term 6	Wk 33	Wk 34	Wk 35	Wk 36	Wk 37	Wk 38 DC3	Wk 39 	Wk 40	Summer Holidays
	Cricket			Pickle ball			Rollover		