

KS3 Version

 Assessment

DC = Data Collection

Year 10 CORE Girls Subject Physical Education

Competitive

Fit for Life

Half Term 1	Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8	October Half Term
	Volleyball/ Newcomb				Badminton/ Badminton				
Half Term 2	Wk 9	Wk 10	Wk 11	Wk 12 DC1	Wk 13	Wk 14	Wk 15	Christmas Term Break	
	Netball/ Fitness			Football/ Football					
Half Term 3	Wk 16	Wk 17	Wk 18	Wk 19	Wk 20	Wk 21	February Half Term		
	Team building/ problem solving			Trampolining/ Fitness					
Half Term 4	Wk 22	Wk 23	Wk 24	Wk 25 DC2	Wk 26	Easter Term Break			
	Pickleball / Trampolining								
Half Term 5	Wk 27	Wk 28	Wk 29	Wk 30	Wk 31	Wk 32	May Half Term		
	Rounders / Rounders			Athletics / Fitness					
Half Term 6	Wk 33	Wk 34	Wk 35	Wk 36	Wk 37	Wk 38 DC3	Wk 39	Wk 40	Summer Holidays
	Tennis / Pickle ball				Cricket/ Fitness			Roll over	