

Wingfield Academy Long Term Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
7	Independence & Aspirations <i>Aim: Goal setting, organisational skills, and self-awareness</i> <ul style="list-style-type: none"> Personal identity Skills needed for KS3 The 3 R's 	Autonomy & Advocacy <i>Aim: Empathy, compassion, and communication</i> <ul style="list-style-type: none"> Making and maintaining friendships Challenging bullying Communicating online 	Choices & Influences <i>Aim: strategies to manage influence & decision making, empathy & compassion</i> <ul style="list-style-type: none"> Respectful relationships Communication The law on consent 	Autonomy & Advocacy <i>Aim: confidence, respect, advocacy</i> <ul style="list-style-type: none"> Managing physical & emotional change Body positivity & self-esteem 	Choices & Influences <i>Aim: Managing influence, access support</i> <ul style="list-style-type: none"> Healthy, balanced lifestyle The law on smoking, vaping, caffeine Wider health issues 	Citizenship <i>Aim: Celebrating being British, understanding what unites everyone.</i> <ul style="list-style-type: none"> British Values British Heritage The future of Britain
	Autonomy & Advocacy <i>Aim: Respect for beliefs, values and opinions, advocacy skills</i> <ul style="list-style-type: none"> Stereotypes, prejudice & discrimination Bullying Body image 	Independence & Aspirations <i>Aim: Risk management skills, analytical skills, and critical thinking</i> <ul style="list-style-type: none"> Managing online presence Digital footprint Fake news 	Choices & Influences <i>Aim: agency, strategies to manage influence & access support</i> <ul style="list-style-type: none"> The healthcare system Health risks on long-term health Healthy lifestyle choices 	Autonomy & Advocacy <i>Aim: Communication and negotiation skills, clarifying values, strategies to manage influence</i> <ul style="list-style-type: none"> Boundaries & consent Healthy Relationships Medical consent 	Independence & Aspirations <i>Aim: Goal setting, motivation, and self-awareness</i> <ul style="list-style-type: none"> Aspirations for the future Career Choices The world of work 	Choices & Influences <i>Aim: agency, strategies to manage influence & access support</i> <ul style="list-style-type: none"> Intro to contraception Harmful behaviours & subcultures Staying safe over Summer
9	Citizenship <i>Aim: develop pupils' understanding of democracy, government and the rights and responsibilities of citizens.</i> <ul style="list-style-type: none"> Government Elections/Voting The Budget Public Services 	Choices & Influences <i>Aim: empathy, compassion & strategies to access support</i> <ul style="list-style-type: none"> Change, loss & bereavement. Healthy coping strategies Mental health (incl self-harm & eating disorders) 	Independence & Aspirations <i>Aim: Goal setting, analytical skills, and decision making</i> <ul style="list-style-type: none"> GCSE options Post 16 options Employability Voting/Active Citizen 	Autonomy & Advocacy <i>Aim: Assertive communication, clarifying values and strategies to manage influence</i> <ul style="list-style-type: none"> Substance abuse Vaping Exploitation and harmful practice 	Independence & Aspirations <i>Aim: Analytical skills and strategies to identify bias and manage influence</i> <ul style="list-style-type: none"> Financial literacy In-game spending Managing negative peer influences 	Choices & Influences <i>Aim: decision making, risk management & support seeking skills</i> <ul style="list-style-type: none"> STI/STD Contraception Teenage pregnancy
	Independence & Aspirations <i>Aim: Self-awareness, goal setting, adaptability, and organisational skills</i> <ul style="list-style-type: none"> Work experience preparation- finding a placement, contacting employers, expectations in the workplace 	Autonomy & Advocacy <i>Aim: Empathy & compassion, strategies to manage influence & assertive communication</i> <ul style="list-style-type: none"> Relationship expectations Impact of pornography Responding to abuse & harassment 	Choices & Influences <i>Aim: confidence, agency, and support-seeking skills</i> <ul style="list-style-type: none"> Making safe and healthy lifestyle choices Understanding masculinity and language use 	Autonomy & Advocacy <i>Aim: respect for diversity, risk management & support-seeking skills</i> <ul style="list-style-type: none"> Respecting diversity Human trafficking & modern slavery Contraception advocacy 	Independence & Aspirations <i>Aim: Self-awareness, goal setting, adaptability, and organisational skills</i> <ul style="list-style-type: none"> Work experience reflection. Labour market trends 	Choices & Influences <i>Aim: confidence, strategies to manage influence & decision making</i> <ul style="list-style-type: none"> Racism Hate crime. Radicalisation
11	Autonomy & Advocacy <i>Aim: communication & negotiation skills, risk management</i> <ul style="list-style-type: none"> Bank accounts Wage slips Budgeting Student finance 	Choices & Influences <i>Aim: confidence, strategies to manage influence & decision making</i> <ul style="list-style-type: none"> Health monitoring Cosmetic & aesthetic procedures Blood, Stem cell & organ donation 	Independence & Aspirations <i>Aim: Goal setting, leadership, and organisational skills</i> <ul style="list-style-type: none"> Revision techniques Goal setting Reframing setbacks 	Autonomy & Advocacy <i>Aim: respect for diversity, risk management & support-seeking skills</i> <ul style="list-style-type: none"> Contraception Respect, pleasure & equity in relationships. Transition to adulthood 		