

Wingfield Academy- Medium Term Planning

Year 7

	WK 1	WK 2	WK 3	WK 4	WK 5	WK 6	WK 7	WK 8
HT1- <i>Students will create personal goals for their career at WA. They will understand the core values & how to embody them.</i>	Independence & Aspirations							
	A letter to my Year 11 self.	What makes me, me?	What are the fundamental British Values?	What does it mean to be "respectful?"	What does it mean to be "responsible?"	What does it mean to be "resilient?"	Black History Month Awareness- Remembering Benjamin Zephaniah	Reflection on my first half term at the Academy.
HT2- <i>Students will identify their role as a friend and understand how to challenge toxic friendships in person & online.</i>	WK 9	WK 10	WK 11	WK 12	WK 13	WK 14	WK 15	
	Autonomy & Advocacy							
	What are different types of relationships?	Bullying or banter?	How can I be an upstander?	What is my digital footprint?	How can I spot online risks and fake content?	How can I share safely and seek support?	Careers- Unifrog Onboarding	
HT3- <i>Students will consider how to be respectful in relationships, and recognise how to positively handle conflict</i>	WK 16	WK 17	WK 18	WK 19	WK 20	WK 21		
	Choices & Influences							
	How are families different?	How can I build respectful relationships?	How can I recognise pressure in a relationship?	How can I communicate respectfully whilst I manage conflict?	What are my choices in relationships?	What is the law around consent?		
HT4- <i>Students will understand a holistic approach to puberty and identify strategies to help cope with change.</i>	WK 22	WK 23	WK 24	WK 25	WK 26			
	Autonomy & Advocacy							
	What happens during puberty? (Managing physical change)	How can I be "body positive"?	What is "Period positivity"?	How can I talk about my emotions?	What is self-esteem?			
HT5- <i>Students will understand how lifestyle choices can influence their holistic health & wellbeing</i>	WK 27	WK 28	WK 29	WK 30	WK 31	WK 32		
	Choices & Influences							
	How can an active lifestyle and a balanced diet, help me?	Why is sleep important to me?	How can I use medicines safely?	What is the law on smoking and vaping?	What are the dangers of caffeine?	What is the law on alcohol use?		
HT6- <i>Students will celebrate being British and understanding the heritage of the United Kingdom</i>	WK 33	WK 34	WK 35	WK 36	WK 37	WK 38	WK 39	
	Citizenship- Being British- Celebrating our shared story							
	What does Being British mean?	What are the key historical moments of Britain?	Who are British role models? Who are the people who made a difference?	What makes Britain great today?	Celebrating Britain- what is our future together?	Careers- Who am I?	Carers- What are my skills?	